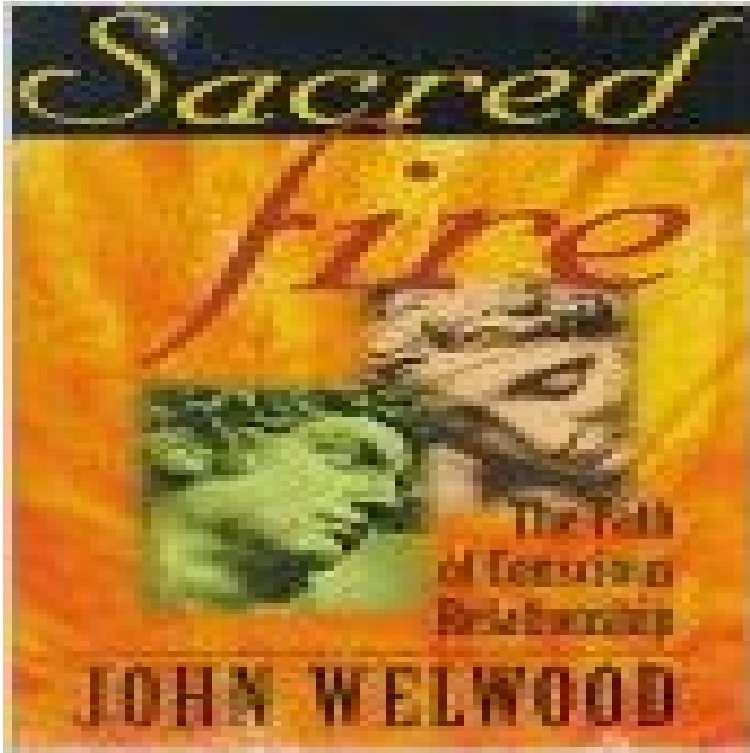


Sacred Fire: The Path of Conscious Relationship



Sacred Fire By John Welwood New insights about the unconscious issues that come between you and the relationship your spirit yearns for. Dr. John Welwood's books including Journey of the Heart, Awakening the Heart, and Challenge of the Heart have been acclaimed for teaching how to begin to work on one's most intractable feelings in relation to another person, so that they become a path of self-development for both individuals. When we enter an adult relationship, Welwood observes, the light of love penetrates the unconscious of both partners. This elemental emotion catalyzes the parts of the self that are unconscious in darkness shut off since childhood as a coping mechanism. Trouble spots in a relationship can actually be read like signposts that point to specific issues from the past that are unconsciously shaping the present. After hearing the demonstrations on Sacred Fire, you will look at your lover, not as a block to your individual fulfillment, but as the pathfinder to it. Includes a wealth of live exercises, clinical information, and Q and A sessions to introduce you to Welwood's relationship work. Topics: Three stages of couple development in history; the personal/spiritual couple model; self-other concept and object relations; creating a new self-view in relationship; exercises and more.

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