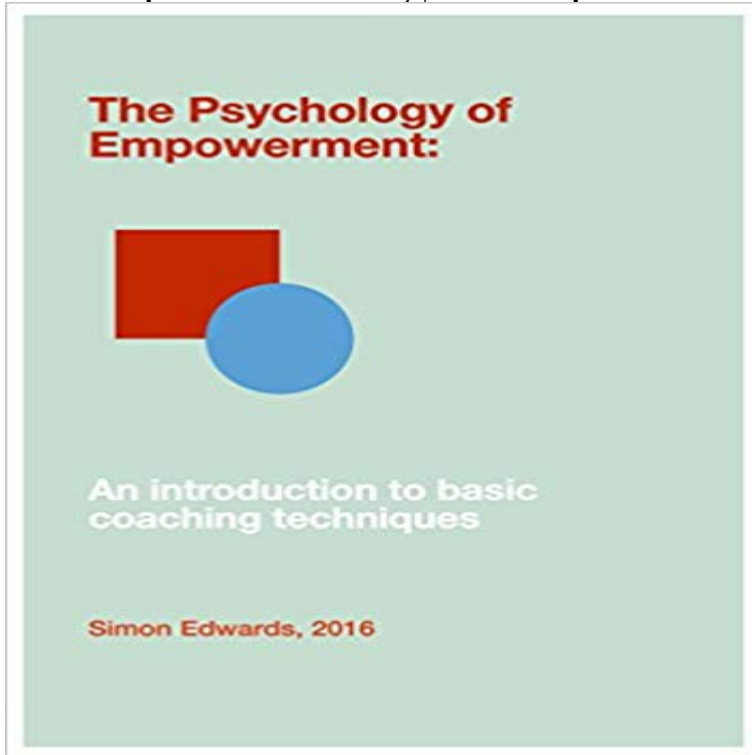


# The Psychology of Empowerment: An introduction to basic coaching techniques: Coaching techniques for business and life



From enabling your employees to succeed in business, to empowering your children to be independent without resorting to helicopter parenting, coaching techniques can be valuable in every aspect of our lives. In the Psychology of empowerment Simon Edwards gives a comprehensive introduction to coaching techniques that have both a business and practical application. Become part of the coaching revolution and learn techniques that will change the way you interact with people forever.

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