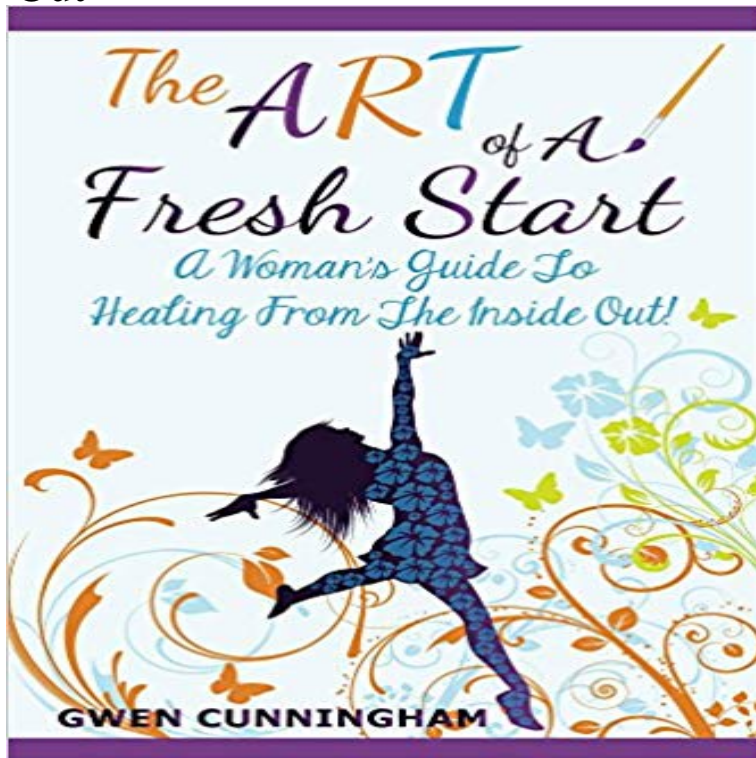


# The Art Of A Fresh Start: A Womans Guide to Healing from the Inside Out



The Art of A Fresh Start is today's woman's practical guide for inner healing, restoration, inspiration, and empowerment. Whether you've been delayed, abused, denied, divorced, or discounted altogether, this book is dually designed for in-depth conversation or quiet, meditative reflection. Certified Life Coach, Image Consultant and Author, Gwen Cunningham, is solely committed to the development of the total woman to heal, to shine and to soar from the inside and out. You deserve a FRESH start. You deserve to achieve your highest aspirations and dream potential. Discover the art of how to get back UP, get unstuck and get your life moving in the right direction!

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