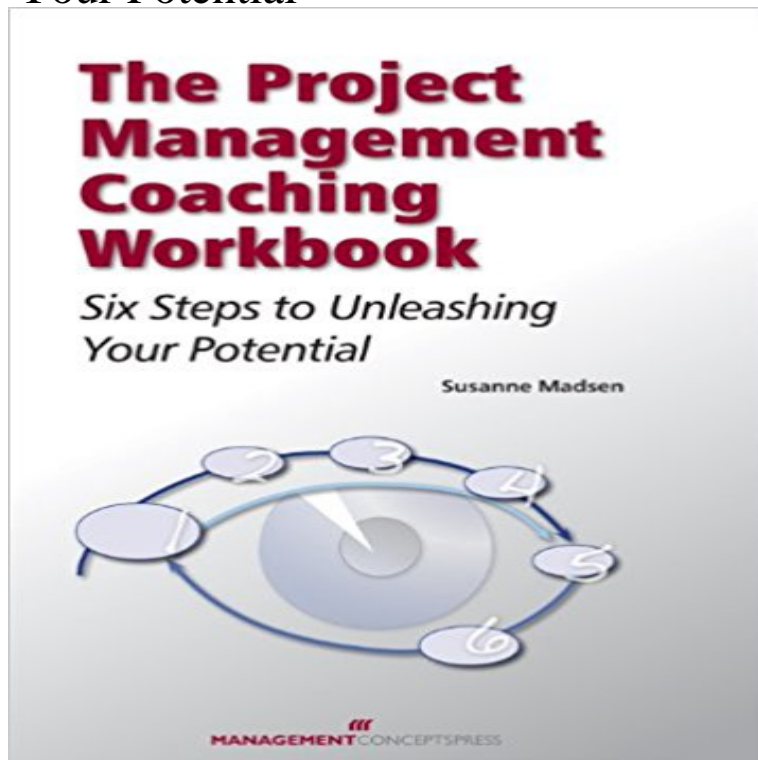


# The Project Management Coaching Workbook: Six Steps to Unleashing Your Potential



Take These Six Steps to Reach Your Project Management and Leadership Goals! Starting with an insightful self-assessment, *The Project Management Coaching Workbook: Six Steps to Unleashing Your Potential* offers tools, questions, reviews, guiding practices, and exercises that will help you build your roadmap to project management and leadership success. Based on her experience as a coach and mentor, Susanne Madsen offers a proven six-step method designed to help you understand and articulate what you want to achieve and then assist you in achieving those goals. This workbook will help project managers at any level overcome some of the most common challenges they face by:

- Effectively managing a demanding workload
- Leading and motivating a team
- Building effective relationships with senior stakeholders
- Managing risks, issues, and changes to scope
- Delegating effectively
- Strengthening these fundamental competencies will enable you to generate real results and excel as a project manager.

Whether used as a personal guide or in a workshop or group setting, *The Project Management Coaching Workbook* outlines a sound, proven plan to help you build confidence and achieve your project management goals.

Contents: Introduction  
Step 1: What Do You Want to Achieve? Create Your Vision and Mission Statement  
Step 2: Self-Assessment: Create a Benchmark of Your Current Skill Set  
Step 3: 360 Feedback: Seek Feedback from Managers, Peers, and Customers  
Step 4: Action: Create an Action Plan and Move Forward  
Step 5: Guiding Practices: Learn More About Project Management and Leadership Techniques  
Step 6: Progress Review: Examine Your Progress and Determine Next Steps

About the Author: Susanne Madsen is a program and project manager, mentor, and coach with experience in managing and rolling out

major change programs. She has set up and run several coaching and mentoring programs to improve project management performance. A PRINCE2 and MSP practitioner, Susanne is dedicated to helping organizations deliver better projects through coaching and mentoring project managers in how to improve their capabilities, performance, and well-being.

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